

October 2

Feast of the Guardian Angels

For Adults:

How many times have you wished there was some understanding person who was available just to sit with you and listen to your problems? Have you looked for guidance and longed to be enlightened in a choice you had to make? Did you seek answers to important decisions?

We all want friends who will listen to us in our need. We desire trusted guidance. We seek answers to important questions. Isn't it good to know that such a good friend is as near to us as a prayer?

That friend is your guardian angel. Everyone is given a guardian angel, a gift from God—your constant companion. Angels are God's messengers appointed by him to protect us. Only angels and people are special enough to think, to love, and to choose. The Church honors the angels, and joins with them in praising God.

For kids:

Angels are God's very special creatures. We cannot see angels. They are real, but they are invisible. They are spirits. Angels praise and love God. They are God's messengers and helpers. Guardian angels watch over people. When Jesus was blessing the children he said, "Your angels in heaven see my Father's face!"

(based on Matthew 8). That means they are holy and good. They are with God.

Your guardian angel is with you all the time, too! Guardian angels help us in many ways. They help us stay close to God. They help us make good choices. They pray for us. Guardian angels even protect us.

You can ask your guardian angel to help you at home or at school whenever you need extra special help! Your guardian angel loves you and wants you to be pleasing to Jesus and one day to be with him in heaven!

Prayers to the Guardian Angel

Angel of God, my Guardian dear
To whom God's love entrusts me here.
Ever this day be at my side
To light and guard to rule and guide.

Angel sent by God to guide me,
be my light and walk beside me;
be my guardian and protect me;
on the paths of life direct me.

Readings:

Exodus 23:20-23

Matthew 18:1-5, 10

